STARTERS / SHARE PLATES

	MEMBER	GUES
Today's Soup	\$6	\$8
Garlic Bread	\$5	\$7
Garlic Cobb Loaf	\$9	\$11
Add Cheese \$1		
Add Bacon Jam & Cheese \$2		

Add Bacon Jam & Cheese \$2

Bruschetta (V) \$9 \$11

Oven baked garlic baquette topped with fresh tomato, red onion.

Oven baked garlic baguette topped with fresh tomato, red onion basil and garlic, finished with shaved parmesan cheese and drizzled with balsamic glaze.

Salt & Pepper Calamari (10) (GF) \$13 \$15
Tender pineapple cut calamari dusted with salt & pepper flour,

Tender pineapple cut calamari dusted with salt & pepper flour flash fried and finished with garlic aioli and lemon wedges

Prawn & Avocado Sliders (2) \$15 \$17

Deep fried panko crumbed prawn cutlets served on a brioche slider bun with fresh avocado, and slaw dressed with thousand island dressing.

Satay Chicken Tenderloins (GF) \$15

Succulent chicken tenders marinated with satay spices and peanut, served on a bed of steamed basmati rice finished with a tangy satay sauce.

Chicken Tostadas (2) \$13 \$15

Plump chicken thigh pan fried with onion, paprika, garlic, cayenne pepper and salt, served on crispy flour tortilla topped with slaw dressed with Cajun spiced mayonnaise

Prawn Toast Caesar Salad \$15 \$17

House made prawn toast served with cos lettuce, parmesan cheese, bacon and house made Caesar dressing

SALADS

MEMBER GUEST

Vegetable Kofta Salad \$18 \$20

House made vegetable koftas pan fried to golden served on a spinach, tomato, cucumber and red onion salad dressed with a coriander ginger and lime dressing.

Tandoori Prawn & \$24 \$26

Pappadum Salad
Pan fried tandoori spiced prawns served on a salad leaf,
cucumber, cherry tomato and red onion, and pappadum salad
dressed with tzatziki

Warm Balsamic & \$25 \$27 Lamb Salad (GF)

Lean lamb back strap marinated with olive oil, garlic, balsamic vinegar, salt and pepper, pan fried to medium rare sliced and served with a lettuce red onion, asparagus, pumpkin and fetta salad dressed with a coriander ginger and lime dressing.

Caesar Salad \$19 \$21 (GF- Omit Croutons)

Crisp cos lettuce, baked bread croutons, shaved parmesan cheese, pan fried bacon pieces all combined with our house made Caesar dressing topped with a boiled egg

Add Avocado \$4, Add Chicken \$5, Add Prawns \$7

3000 MENU



PIZZA - 9 INCH

CHEST

Garlic & Cheese	\$10	\$12
Margherita	\$13	\$1!
Pizza sauce, Mozzarella chee	ese and fresh basil	

BBQ Chicken \$17 \$19
Pizza sauce, cheese, onion, chicken, bacon and BBQ sauce.

Meat lovers \$17 \$19
Pizza sauce, cheese, onion, bacon, ham, salami, pepperoni,

BBQ sauce

Aussie \$15

Pizza sauce, cheese, onion, bacon, egg

Chorizo, Salami & Olives \$17 \$19

Pizza sauce, cheese, salami, chorizo, onion, capsicum, sliced olives and basil.

Vegetarian \$16 \$18

Pizza sauce, cheese, fire roasted capsicum, onion, chargrilled zucchini, eggplant, spinach

Prawn & Chorizo \$18 \$20
Pizza sauce, prawns, chorizo sausage, onion, cheese and spinach.

Pumpkin & Chickpea \$16 \$18

Pizza sauce, cheese, roasted pumpkin, chickpeas, fresh red chilli, oregano, spinach, fetta and cherry tomato.

Giuten free bases \$2 extra

(GF) Gluten Free ingredients
- Not a gluten free environment
(V) Vegetarian

SEAFOOD MAINS

MEMBER

GUEST

Tandoori Spiced \$27 \$30

Barramundi (GF)
Barramundi fillet spiced with paprika, chilli, cumin, coriander, ginger and turmeric, then pan fried till moist and tender served in a pond of yoghurt vinaigrette topped with a house made beetroot relish. With chips and salad or vegetables.

Seafood Selection \$32 \$35

Battered fish fillet, battered scallops, crumbed prawns, salt and pepper squid and chilli mussels served with lemon and tartare sauce, chips and salad

Salmon Kiev (GF) \$27 \$30

Atlantic salmon filled with parsley and garlic butter then lightly breaded, and pan fried till golden served on a bed of mashed

breaded, and pan fried till golden served on a bed of mashed potatoes with a side of sauteed broccolini and house made hollandaise.

Prawn & Scallop \$23 \$26 Brochette (GF)

Plump roe on scallops and prawn tails wrapped in middle bacon rashers then skewered with capsicum and onion pan fried to moist and tender served on a bed of steamed basmati rice topped with house made hollandaise sauce.

Cajun Spiced Fish \$26 \$29 Tacos (3)

Pan fried Cajun spiced barramundi served on chargrilled flour tortilla with chargrilled corn, coriander, spring onion, avocado, lime juice, fresh chilli, jalapeno and mild tomato salsa.

Fresh Market Seafood (GF Option)

Market fresh produce sourced from our local providore. Please ask one of our friendly staff for today's fresh seafood. Market prices apply.

Please note: Menu items may contain peanuts, soybeans and bee pollen which can cause severe allergic reactions (Please ask staff for clarification on ingredients if you have any allergies)

SPECIALS & SENIORS

MEMBER \$13 GUEST \$15

Fried Fish Fillet - Grilled Fish Fillet (G/F option)

Fish fillet coated in a delightfully crunchy beer batter garnished with lemon wedges.

Shepard's Pie (GF)

Roasted lamb shoulder combined with peas, carrot, corn, onion and our rich brown gravy, topped with mashed potato then baked till golden, served with chips and salad or vegetables.

Today's Roast (GF)

Please ask our helpful staff what today's roast is, served with vegetables and our rich beef gravy

Chicken Parmigiana

Small serve hand cut chicken breast, lightly breaded cooked to golden, topped with ham, house made Napoli, and a cheddar and mozzarella mix and grilled to golden. Served with chips and salad or vegetables

Braised Lamb Chops (GF)

Forequarter lamb chops slow cooked with onion, carrot, celery and tomato's, served with mashed potatoes, chips and salad or vegetables

Asian Chicken Salad

Chicken thigh fillet marinated with sweet soy, ginger, chili and lime juice, Pan fried to cook through served with a Bok choy, red onion, capsicum and snow pea shoot salad

Southern Fried Chicken

Crispy on the outside tender on the inside, Southern fried chicken is finger licking good served alongside crunchy chips and ranch dessing

Chicken Schnitzel

Small serve hand cut chicken breast, lightly breaded cooked to golden finished with gravy. Served with chips and salad or vegetables

Today's Casserole (GF)

Please ask our helpful staff what todays casserole is, served with mash potato

Seafood Combination

A selection of crumbed and battered seafood including calamari, prawns and fish, deep fried finished with tartare sauce and lemon wedges

ADD - Seniors Soup of the Day \$2.00

ADD - Seniors Dessert of the Day \$2.00

Please note: Seniors card must be presented to be eligible for the senior's meal deal



FROM THE COUP

GUEST

Chicken Parmigiana \$23 \$26

Hand cut chicken breast, lightly breaded cooked to golden, topped with ham, house made Napoli, and cheddar Cheese grilled to golden. Served with chips and salad or vegetables

Gluten Free Chicken \$25 \$28 **Parmigiana**

Hand cut chicken breast, lightly coated with gluten free flour and crumbs topped with ham, house made Napoli, and cheddar cheese grilled to golden. Served with chips and salad or vegetables

Gluten Free Chicken \$22 \$25 Schnitzel

Hand cut chicken breast, lightly coated with gluten free flour and crumbs finished with a side of gravy. Served with chips and salad or vegetables

Chicken Schnitzel \$20 \$23

Hand cut chicken breast, lightly breaded cooked to golden finished with a side of gravy. Served with chips and salad or vegetables

Add Aussie Topper - Bacon, egg & battered onion rings \$7

Choice of Sauces - Mushroom, Green Peppercorn, Creamy Garlic, Rich Gravv. Dianne. Garlic Butter all our house made sauces are **Gluten Free**

Chicken Kiev \$22 \$25

Succulent chicken breast filled with garlic butter and coated with breadcrumbs cooked till golden brown, served on a bed of basmati rice and topped with a creamy garlic sauce. Served with chips and salad or vegetables

Peri Peri Chicken (GF)

Fresh butterflied chicken marinated with fresh chilli, garlic, sea salt, oregano, bay leaf, paprika, olive oil and red wine vinegar. Chargrilled to cook through. Served with a side of chips and salad or vegetables.

Chicken Laksa \$25 \$28

Sliced chicken breast poached in a house made laksa paste consisting of garlic, ginger, onion, chilli, lemon grass, coriander, fish sauce and cumin infused into a chicken stock with coconut milk, finished with flat noodles and Julienne seasonal vegetables



GUEST

\$22

\$33 \$36 Rump Steak (GF) Loosen your belt, this one is 500gm of char-grilled goodness cooked to your liking and served with chips and salad or vegetables

T. Bone Steak (GF)

This one is epic a 700gr yes that's right 700gr T/Bone steak cooked to your liking with your preferred sauce chips and salad or vegetables

Porterhouse (Sirloin) (GF)

300gr of trimmed grass-fed sirloin steak cooked to your liking with your preferred sauce with chips and salad or vegetables

Lamb back strap marinated with garlic, rosemary, lemon and seasoning, pan fried sliced and served on a toasted pita with lettuce, tomato, pickled onion and fetta finished with tzatziki

Pork Schnitzel \$22

Tender pork fillet lightly coated with coarse panko crumbs then cooked to golden, with a side of tangy Dianne sauce with chips and salad or vegetables

Tuscan Spiced \$25 \$28 **Lamb burger**

Ground lamb shoulder seasoned with lemon, fetta, pepper, garlic, parsley and rosemary served on a toasted bun with lettuce sun dried tomato bocconcini cheese finished with tzatziki sauce with

Slow Cooked Lamb \$25 **Vindaloo Pie**

Lamb shoulder slow cooked with onion, mustard seed, tomato, ginger, garlic, chili, garam masala, paprika and turmeric, encased in golden pastry and baked served with chips and salad or vegetables

Prosciutto Wrapped \$27 Pork (GF)

Tender pork fillet wrapped with prosciutto and pan sealed finished in a creamy mustard and apple cider jus served on garlic roasted smashed potato with chips and salad or vegetables

Roast of the Day (GF) \$19 Ask our friendly staff for today's roast of the day

CHOICE OF SAUCES

All steaks are served with your choice of sauce (1 choice) - Mushroom, Green Peppercorn, Creamy Garlic, Rich Gravy, Dianne, and Garlic Butter

(extra sauces will incur an extra charge) All our house made sauces are Gluten Free

STEAK TOPPERS

well-done steaks

Garlic Prawn Sauce - 4 prawns (GF) \$8 Aussie Topper - bacon, egg & battered onion rings \$7 Please allow up to 40 minutes for medium well &

FROM THE PAN

MEMBER GUEST MEMBER GUEST ENTREE ENTREE MAIN MAIN

Bacon Jam & \$20 \$22

Three Cheese Risotto (GF)

Pan fried onion, garlic, house made bacon jam, cheddar, parmesan and smoked gouda cheese, with white wine and cream sauce with Arborio rice, topped with shaved parmesan cheese.

Seafood Risotto (GF) \$27

Pan fried salmon, scallop, prawn and squid, with garlic, onion and spring onion, tossed through a ruby sauce finished with Arborio rice.

Fettuccini \$17 \$18 \$20 Carbonara

Al dente pasta tossed through a creamy bacon, onion and garlic sauce, finished with shaved parmesan cheese - Add Chicken \$4

Basil Pesto, Chicken and Bacon

Pappardelle

Pan fried diced bacon rashers, chicken tenderloin, garlic, onion and spring onion infused with fresh basil pesto and thick cream tossed with pappardelle pasta topped with shaved parmesan

Lamb Shoulder \$19 \$21 \$23 and Fennel Ragout

Lamb shoulder slow cooked with fresh fennel, tomato, carrot, celery, onion and garlic, served with pappardelle pasta.

Garlic Prawn (GF)

12 Sauteed prawns tossed through white wine, garlic and cream sauce finished on a bed of fragrant basmati rice

12 YEARS & UNDER \$9

FISH AND CHIPS (Grilled Or Fried) **CHICKEN NUGGETS** & CHIPS

PARTY PIES & CHIPS HALF CHICKEN SCHNITZEL SPAGHETTI BOLOGNAISE CHICKEN PARMA

ROAST OF THE DAY (GF)

Free kids fun pack & soft drink with every kid's meal Kids Gluten Free options available please ask

KIDS DESSERTS

Ice Cream & Chocolate Frog \$3 **Bowls of Ice Cream & topping \$3** Also, check-out our freshly made desserts in the display fridge



VEGAN / VEGETARIAN

\$10

\$19

\$18

\$18

Oven baked garlic baguette topped with fresh tomato, red onion, basil and garlic, finished with shaved parmesan cheese and drizzled with balsamic glaze.

Vegan Schnitzel

Plant based breaded schnitzel, pan fried in vegetable oil, served with chips and salad or vegetables

Vegan Burger

\$17

Plant based burger patty served on a Vegan damper roll with tomato, lettuce and mushrooms, finished with vegan cheese and a vegan chipotle mayonnaise.

Vegan Parmigiana

Plant based breaded schnitzel topped with Napoli sauce and vegan cheese served with chips and salad or vegetables

Vegetarian Pizza

\$18

Pizza sauce, cheese, fire roasted capsicum, onion, chargrilled zucchini, eggplant, spinach and pumpkin - Gluten free option extra \$2

Pumpkin & Chickpea Pizza

\$16

Pizza sauce, cheese, roasted pumpkin, chickpeas, fresh red chilli, oregano, spinach, fetta and cherry tomato - Gluten free option

Vegetable Kofta Salad

House made vegetable koftas pan fried to golden served on a spinach, tomato, cucumber and red onion salad dressed with a coriander ginger and lime dressing.

	MEMBER	GUEST
BOWL OF FRIES & GRAVY	\$5	\$6
CRUNCHY POTATO WEDGES WITH SOUR CREAM AND SWEET CHILLI SAUCE (V)	\$7	\$8
BOWLS OF SEASONAL VEGETABLES (GF, V)	\$7	\$8
MIXED LEAF SALAD With tomatoes, salad onions and jo Red wine vinegar dressing (GF, V)		\$8

EXTRAS

Mash Potato	\$2	Avocado	\$3
Vegetables	\$2	Cheese	\$2
Side Salad	\$2	Fried Egg	\$2
Bacon	\$2	Bread Roll	\$0.50

(GF) Gluten Free ingredients - Not a gluten free environment

Please Note: Menu items may contain peanuts, soybeans and bee pollen

(Please ask staff for clarification on ingredients if you have any allergies)

